**Extreme sports such as sky diving and skiing are very dangerous**

**and should be banned. To what extent do you agree or disagree with**

**this view?**

Nowadays, many people think that intensive sports such as skydiving and skiing are very dangerous and they should be prohibited. From my perspective, I totally disagree with the idea that these sports are unsafe and I also believe that they should not be banned.

On the one hand, extreme sports are not as dangerous as many individuals think. All types of sports have their risk and people should always follow regulations to reduce the possibility of accidents. In addition, people who participated in intensive sports required a lot of training and knowledge so as to minimize the dangers. For instance, anyone wanting to try skydiving need to sign up for lessons and beginners are not allowed to dive. Somehow, they have to be accompanied by a professional skydiver. Plus, they can improve people’s strength and concentration.

On the other hand, it is still thought that extreme sports are not suitable for the number of people. Although intensive sports provide with a great deal of protective equipment and technology for improving safety, numerous people think that it is not make sense and they will cause people playing such sports some day injury. Not only skydiving, but also there are lots of extreme sports are being judged like base jumping, big wave surfing. Additionally, if there were no challenges or risks in this world, it would be really boring and disappointing.

In conclusion, extreme sports should consider as normal activities in order to approach to many more individuals. I think that governments should recommend people in their countries to play these sports.

(260 words)

In recent years, extreme sports have become increasingly popular, and

some people argue that governments should prohibit them. I completely

disagree with the idea that these sports are too dangerous, and I

therefore believe that they should not be banned.

In my opinion, so-called extreme sports are not as dangerous as many

people think. All sports involve some element of risk, and there should

always be clear regulations and safety procedures to reduce the

possibility of accidents. People who take part in extreme sports are

usually required to undergo appropriate training so that the dangers are

minimised. For example, anyone who wants to try skydiving will need to

sign up for lessons with a registered club, and beginners are not allowed

to dive solo; they must be accompanied by an experienced professional.

Finally, the protective equipment and technology used in sports from

motor racing to mountain climbing is constantly improving safety.

While I support regulations and safety measures, I believe that it would

be wrong, and almost impossible, to ban extreme sports. In the first place,

we should all be free to decide how we spend our leisure time; as long

as we understand the risks, I do not believe that politicians should stop

us from enjoying ourselves. However, an even stronger argument against

such a ban would be the difficulty of enforcing it. Many of the most risky

sports, like base jumping or big wave surfing, are practised far away from

the reach of any authorities. I cannot imagine the police being called to

stop people from parachuting off a mountain face or surfing on an isolated

beach.

In conclusion,...